



OMAHA PHYSICAL
THERAPY INSTITUTE, P.C.

Patient Health History

Patient Name: _____ Date: _____

1. What is your status? (Circle answer and if not employed, skip to question 5)

- a. Employed (If so, what is your occupation? _____)
b. Unemployed c. Student d. Retired e. Homemaker f. Disabled

2. If employed, are you (circle)

- a. Working your normal job without restrictions
b. Working in your normal job with restriction (Please Explain) _____
c. Working in an alternate job
d. Currently not working due to your present injury/impairments

3. What are your primary job tasks? (Circle all that apply)

- a. Prolonged sitting e. Operating a machine
b. Prolonged standing f. Driving
c. Lifting g. Other _____
d. Repetitive tasks (like computer, writing, phone work, assembly)

4. Please circle any of the following health conditions that you now have or had in the past. (Circle)

- | | | |
|-------------------------|----------------------------|-------------------------|
| a. None | k. Unexplained weight loss | u. Tuberculosis |
| b. Cancer | l. Seizures | v. Kidney disease |
| c. Diabetes | m. Chemical dependency | w. Anemia |
| d. High Blood Pressure | n. Smoker | x. Stroke |
| e. Heart problems | o. Currently Pregnant | y. Osteoporosis |
| f. Rheumatoid arthritis | p. # of pregnancies _____ | z. History of fractures |
| g. Osteoarthritis | q. Mental Illness | aa. Menopausal |
| h. Asthma | r. Thyroid disease | bb. Incontinence |
| i. Emphysema | s. Multiple Sclerosis | cc. Depression |
| j. Overweight | t. Hepatitis | dd. Other _____ |

5. Please circle any medications that you are taking (over the counter and prescription). (Circle)

- | | | |
|----------------------|------------------------------------|----------------------------------|
| a. None | f. Anti-depressants | k. Thyroid Hormone |
| b. Anti-Inflammatory | g. High Blood Pressure Medications | l. Heparin/Coumadin |
| c. Pain Medications | h. Heart Medications | m. Meds to increase bone density |
| d. Muscle relaxants | i. Hormone replacement therapy | n. Other _____ |
| e. Steroids | j. Anti-seizure medications | |

***Please list any allergies you have:** _____

6. Please list any surgeries you have had and the date performed: _____
