



OMAHA PHYSICAL  
THERAPY INSTITUTE, P.C.

**FREE EVENT**

**TUESDAY, MARCH 24TH • 6:30 PM**  
**FEELING GOOD AT THE FINISH LINE**

*Running Seminar*

Whether you're an experienced marathon runner, triathlete, or you're preparing for your first 5K,  
THIS NIGHT IS FOR YOU.



**RUNNING SMOOTH WITH THE POSE METHOD**

Matt Vetter, PT, DPT, CSCS  
Ironman Triathlete  
Certified in the POSE Method of Running



**UPCOMING EVENTS & RACES**

Peak Performance

**OPEN DISCUSSION/INJURY SCREENING**

Physical Therapists from Omaha Physical Therapy Institute



*Hurry! Space is limited.*

**RSVP**

Katie@omahapti.com  
or Call (402)934-8688

**LOCATION**

Omaha Physical Therapy Institute  
625 N. 144th Ave., Ste. 102 (144th & Dodge)